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| **Indian School Al Wadi Al Kabir - Syllabus break up for 2014-15** |
| Class Xii Psychology | Week1  | Week2  | Week3  | Week4  |
| **APRIL-** | - | **Chapter- II- Self &Personality**Study of Self &Personality - | ,Aspects of Self & Self- ConceptSelf -Esteem & Self- RegulationCulture & Self; | Personality: Approaches to study Personality: Type & traits, Psychodynamic, Humanistic-Existential, Behavioural& cultural  |
| **MAY** | Assessment of Personality:Self- Report Measures,Behavioural Analysis & | Projective measures of Personality.**Chapter -III-Human Strengths & Meeting Life Challenges-**Life challenges & Adjustment | Concept of AdaptationPositive PsychologyHuman Strengths & Virtues | Stress:-NatureStress types,Stress copying |
| **JUNE** | Concepts of Health and Well –Being,Life Skills.Strategies to cope with stress | **Chapter-VIII – Environmental & Social Concerns-**Psychological understanding to Social Issues-Human Environment relationship;Human Impact on Environment. | - | - |