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| **Indian School Al Wadi Al Kabir - Syllabus break up for 2014-15** |
| Class 9PE | Week1  | Week2  | Week3  | Week4  |
| **APRIL** | Marching command :* Attention
* Stand at ease
* Right, left about turn
* Mark time
* Warm-up
* Stretching Exercise

Theory classes * Importance of Physical Education.
* Concept of Health and factors influencing.
* Rules and Regulation of Games and Sports.

Badminton , Athletics, footballEvening games:* Cricket
* Football
* Basket Ball
* Badminton
* Athletics
* Yoga

Allotting houses to the new admission :* Tagore
* Ashoka
* Akbar
* Vivekananda

Inter House Activity.Physical measurements for I term ( height, Weight measurements ) for I term.P.E. Evaluation. |
| **MAY** |
| **JUNE** |

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