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| **Indian School Al Wadi Al Kabir - Syllabus break up for 2014-15** | | | | |
| Class 9  PE | Week1 | Week2 | Week3 | Week4 |
| **APRIL** | Marching command :   * Attention * Stand at ease * Right, left about turn * Mark time * Warm-up * Stretching Exercise   Theory classes   * Importance of Physical Education. * Concept of Health and factors influencing. * Rules and Regulation of Games and Sports.   Badminton , Athletics, football  Evening games:   * Cricket * Football * Basket Ball * Badminton * Athletics * Yoga   Allotting houses to the new admission :   * Tagore * Ashoka * Akbar * Vivekananda   Inter House Activity.  Physical measurements for I term ( height, Weight measurements ) for I term.  P.E. Evaluation. | | | |
| **MAY** |
| **JUNE** |

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