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| **Indian School Al Wadi Al Kabir - Syllabus break up for 2014-15** |
| Class 10PE | Week1  | Week2  | Week3  | Week4  |
| **APRIL** | Marching * Attention
* Stand at ease
* Right, Left, about turn
* Mark time
* Warm-up
* Stretching Exercise

Theory classes * Health hazards of modernization
* Communicable and non communicable diseases
* Rules and regulation of games and sports.

Badminton , Athletics, footballGames:* Cricket
* Football
* Basket Ball
* Volley Ball
* Badminton
* Table Tennis

Allotting houses* Tagore
* Ashoka
* Akbar
* Vivekananda

Inter House Activity.Physical measurements ( height, Weight measurements ) I term.P.E. Evaluations (I term). |
| **MAY** |
| **JUNE** |

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