INDIAN SCHOOL AL WADI AL KABIR

PERFORMING ARTS – INDIAN DANCE-CLASS 6

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|  | 6th standard |
| APRIL | Exercises to get the body flexible.Basic theory of Indian dance (origin).Basic adavus in Bharathanatyam and folk steps.Eye movements |
| MAY | Eye movements, Head movements.Hasthas of Abhinayadarpana.Steps in Bharathanatyam and folk. |
| JUNE | Practical test. Giving topic for the project to be submitted by December. |