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| **INDIAN SCHOOL AL WADI AL KABIR**  **WEEKLY SYLLABUS FOR THE YEAR 2019-2020 INDIAN DANCE - April-19** | | | | |
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| **CLASS** | **WEEK 1** | **WEEK 2** | **WEEK 3** | **WEEK 4** |
| 6 | Dhyana Shlokam , exercise | Shlokam exercise | Shlokam exercise | Shlokam exercise |
|  | Basic Step Tattadavu | Tattadavu | Thattadavu 8 steps | Revising adavus & Samyukta hasdas |
|  | Starting 4 steps | Remaining steps | Introducing mudras single hand | Basics of folk dance |
|  |  | Total 8 adavus | Asamyukta hastas |  |

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| **WEEKLY SYLLABUS FOR THE YEAR 2019-2020 INDIAN DANCE - May-19** | | | | |
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| **CLASS** | **WEEK 1** | **WEEK 2** | **WEEK 3** | **WEEK 4** |
| 6 | Exercise | Semi classical | Contemporary basics | Western Dance basics |
|  | Adavus | Folk |  |  |
|  |  |  |  |  |