



INDIAN SCHOOL AL WADI AL KABIR

SYLLABUS FOR THE MONTH OF OCTOBER, 2020

CLASS III

SUBJECTS	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5
			*MID-TERM EXAMINATIONS	*MID-TERM EXAMINATIONS	
MATHEMATICS	Revision	Revision	Chapter -6 Understanding Division	Understanding Division	Chapter-7: More Division
EVS	Revision	Revision	Natural Resources and Pollution	Cooking Food	Cooking Food
ENGLISH	Revision	Revision	*Activity- Word Wheel	*SB - Unit 4 - Company for the Feast	*SB - Unit 4 - Company for the Feast *CB - Unit 8 - The Cyclone (Rapid Reading)

HINDI	Revision	❖ पाठ-5 नानी की डॉक्टर तुलसी? • समानार्थी • विलोम ❖ जल है तो कल है [RR]	❖ पाठ-5 नानी की डॉक्टर तुलसी ? • लिंग • वचन	❖ Use of- का के, की	❖ अर्थग्रहण अनुच्छेद
COMPUTER SCIENCE	Revision Paper-1 (Unit-1, Unit-2 &Unit-4)	Revision Paper-1 (Unit-1, Unit-2 &Unit-4)	Revision Paper-2 (unit-1, Unit-2 & Unit-4)	Recap unit-1, Unit-2 & Unit-4	Introduction on LOGO Unit-5
PE	*Line formation- *Commands: (attention, stand at ease)	*Line formation- *Commands: (attention, stand at ease)	*Line formation- *Commands: (attention, stand at ease)	*Line formation- *Commands: (attention, stand at ease)	*Line formation- *Commands: (attention, stand at ease)

		<p>*Warming –up (Free hand exercise)</p> <p>*Marching</p> <p>*Grading</p> <p>Sports activity:</p> <p>Water bottle Exercise</p>	<p>*Warming –up (Free hand exercise)</p> <p>*Marching</p> <p>*'Grading'</p> <p>Sports activity:</p> <p>Water bottle Exercise</p>	<p>*Warming –up (Free hand exercise)</p> <p>*Marching</p> <p>*'Grading'</p> <p>Sports activity:</p> <p>Water bottle Exercise</p>	<p>*Warming –up (Free hand exercise)</p> <p>*Marching</p> <p>*'Grading'</p> <p>Sports activity:</p> <p>Water bottle Exercise</p>
ART	- Drawing and Colouring of Candles	Drawing and Colouring of Candles	Drawing and Colouring of Candles	Paper Craft	Paper Craft
MUSIC	How to sing with open throat	Tips to avoid nasal singing	How to combine original voice with falsetto voice	Diwali song	Revision

<p>DANCE</p>	<ul style="list-style-type: none"> •Continuation of last class dance steps with song •Basic foot steps 	<ul style="list-style-type: none"> •Continuation of last class dance steps with song •Basic foot steps 	<p>Fusion Folk Theme: Beginners level dance steps</p>	<ul style="list-style-type: none"> •Continuation of Shoulder movement •Introducing Different folk dance forms of India 	<p>Continuation of week 4</p>
<p>YOGA</p>	<p>Arm strengthening Asanas : Frog pose Lolasana (Swing Pose)</p>	<p>Arm strengthening Asanas : Contd...</p>	<p>Shalabhasana (Locust Pose) (Tratak) Pose for courage : Simhasana</p>	<p>Balancing Asana : Vrikshanana (Tree Pose) Tadasana With more retention</p>	<p>Repeat all the asana and breathing exercises Guided Meditation For calming the mind</p>

	<p>Chakrasana</p> <p>Repeat Dhanoorn and Bhujang</p>		<p>(Lion Pose)</p> <p>Repeat</p> <p>Vyaghrasana</p> <p>(Tiger pose)</p>	<p>(Palm Tree Pose Repeat)</p>	
AEROBICS	Rhythmic Aerobic stretches I	Rhythmic Aerobic stretches II	Rhythmic Aerobic warm up	Rhythmic Aerobic Routine	Rhythmic Aerobic Routine