

## INDIAN SCHOOL AL WADI AL KABIR P. O. Box 513, Code 117, Al Wadi Al Kabir Sultanate of Oman

Tel. No. 24816633 24815096 Date: 02<sup>nd</sup> March, 2020

## INFORMATION TO PARENTS (KG-XII)

## Dear Parent,

Greetings from ISWK!

The Ministry of Health, Sultanate of Oman urges all its residents, to follow the proper procedure of preventive measures, in order to minimize the spread of Coronavirus (COVID-19), a 'communicable disease', as a safeguard to the health of all its people residing in Oman.

At ISWK, we have initiated the following procedures to help our students and staff in maintaining a safe and healthy environment:

- 1. Students and Staff are urged to maintain high levels of personal hygiene.
- 2. Wash hands with soap and water or use an alcohol-based hand rub.
- 3. Make sure that animal products are cooked well before consuming.
- 4. Follow proper/safe habits whilst coughing or sneezing, preferably using a kerchief or tissue at all time.
- 5. If possible, wear a mask to avoid the spread of respiratory infection.
- 6. Drink plenty of water.
- 7. If a child is unwell and the illness is diagnosed to be severe, parents are advised to keep the child at home, until full recovery.
- 8. Parents are advised to consult a doctor if the child is suffering from cold and fever, right from the initial stages and is advised to observe quarantine period of minimum 14 days, and stay at home until full recovery.
- 9. If any of the above symptoms are observed in either the child or parent(s), the Ministry of Health (MoH), should be visited at the earliest, to prevent the outbreak of communicable diseases.
- 10. If you or your children have recently visited any of the countries affected by COVID-19, kindly report to MoH.

The above points are just a framework of guidelines to be observed to prevent the spread of COVID-19. However, for a more exhaustive list of Do's and Don'ts to be followed, please visit the World Health Organization (WHO) website at: <a href="https://www.who.int/emergencies/diseases/novel-coronavirus-2019">https://www.who.int/emergencies/diseases/novel-coronavirus-2019</a>

The above information does not seek to instigate or incite any anxiousness among the parents or students, but is only information to parents and students to adopt precautionary measures to reduce the risk of spreading communicable diseases.

Thank you.

Best regards,

Principal 0103 2020