



Thoughtful THURSDAY



Date **OCTOBER 15TH, 2020**

Thoughtfulness



I reflect on what I have learnt and what I would like to change.

Wear Green & email us your picture at counsellingservices@iswkoman.com On 15/10/20 by 4pm.

- Participate in Quiz
- Get E- certificates



Registration Form FOR THE QUIZ
- Entry closes on 6/10/20

<https://forms.gle/1wzqoVaNLZWYRzRg9>

Watch it on live stream - 15/10/20 Time 4.00pm-5.00pm

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<https://stream.meet.google.com/stream/8cecb949-0f81-44ab-a992-060e6d145ef3>