



## YOGA & AEROBIC COMPETITION CLASSES III, IV & V (MORNING SHIFT)

YOGA FOR THE SOUL AND AREOBICS FOR THE RHYTHMIC BODY MOVES: THE TWO MAGICAL FORMULAS TO KEEP US FIT, FINE AND HEALTHY!

*It is the secret to all happiness in life. The children at ISWK are all-rounder's and believe in this and this is what makes them what they are today!*

*The Primary Department organized a Yoga and Aerobic Competition. The children participated wholeheartedly and made the best of the opportunity given.*

*It was held on the 11<sup>th</sup> of October, 2017. Take a look at the enthusiastic kids!*



**THE VICTORIOUS WINNERS WERE:**



**YOGA COMPETITION**

- ❖ **FIRST – AKBAR HOUSE**
- ❖ **SECOND – TAGORE HOUSE**



**AEROBICS COMPETITION**

- **OVERALL CHAMPIONSHIP  
TAGORE HOUSE**
- **RUNNER UP TROPHY –  
VIVEKANANDA HOUSE**

A decorative border surrounds the central text area, featuring various colorful flowers (pink, green, white) and butterflies (black and green, blue and black) on a white background.

## **AEROBICS COMPETITION**

### **(CLASS WISE WINNERS)**

#### **CLASS III**

- ❖ **FIRST – TAGORE HOUSE**
- ❖ **SECOND – VIVEKANANDA HOUSE**
- ❖ **THIRD – ASHOKA HOUSE**

#### **CLASS IV**

- ❖ **FIRST – TAGORE HOUSE**
- ❖ **SECOND – AKBAR HOUSE**
- ❖ **THIRD – VIVEKANANDA HOUSE**

#### **CLASS V**

- ❖ **FIRST – AKBAR HOUSE**
- ❖ **SECOND – VIVEKANANDA HOUSE**
- ❖ **THIRD – TAGORE HOUSE**