



REVISION FOR PRE MID TERM EXAMINATION
2022 – 2023

NAME :		DATE :
CLASS : III SEC : __ ROLL NO: __	SUBJECT : EVS	MARKS : 20 TIME : 1 HOUR

General Instructions:

- This paper consists of 3 sections and 4 pages.
- Marks are indicated against each question.
- All questions are compulsory.

SECTION - A

I. Choose and circle the correct answer. (5 marks)

- _____ is a flower eaten as a vegetable.
a) cauliflower b) cabbage c) brinjal
- The oils that are used in cooking are called _____.
a) hair oils b) edible oils c) medicinal oils
- Fruits grow from the _____ of plants.
a) roots b) stem c) flowers
- Fiza's mother will prepare her birthday cake by _____ it.
a) roasting b) deep frying c) baking
- Leaves and seeds of the _____ plant are used to cure diseases like asthma and bronchitis.
a) mulethi b) dhatura c) amla
- A labourer working hard needs more _____ food than a person working in an office.
a) body-building b) energy-giving c) protective
- _____ is cooked by the method of boiling.
a) pasta b) paneer tikka c) dosas
- Quinine is a cure for malaria. It is obtained from the _____ plant.
a) money plant b) cinchona plant c) rose plant

9. In a solar cooker, food is cooked using _____.

- a) electricity b) sunlight c) coal d) cooking gas

10. The objects used in the kitchen are called _____

- a) cleaning utensils b) heating sources c) cooking utensils d) wooden utensils

II. Match the following.

(3 marks)

COLUMN A	COLUMN B
1. pressure stove	a. red chilly, pepper, clove
2. roots	b. mortar and pestle
3. amla	c. kerosene
4. momos	d. constipation
5. spices	e. steaming
6. cooking utensils	f. turnip, carrot, radish

1. _____ 2. _____ 3. _____ 4. _____ 5. _____ 6. _____

III. State whether the following statements are True or False

(3 marks)

1. A diet that has all types of healthy food in the right amount is called a balanced diet.

2. We must wash fruits and vegetables before cutting them. _____

3. Popcorn is cooked by deep frying. _____

4. For a new born baby milk is enough. _____

5. Cooking kills the nutrients that may be present in the raw food. _____

6. Tomatoes and brinjals we eat as vegetables are fruits. _____

IV. Circle the odd one out.

(3 marks)

1. groundnut, mustard, coconut, cauliflower

2. sunlight, steel, electricity, LPG

3. paneer, ghee, spinach, cheese

4. wheat, fish, rice, apple

5. ginger, onion, methi, potato

6. rice, puris, jalebi, french fries

V. Give an example for each of the following. (2 marks)

1. a medicinal plant used to cure cold and cough - _____
2. the method of cooking in which food is cooked directly on fire - _____
3. a food that can be eaten both raw and cooked - _____
4. a food item cooked by the method of shallow frying - _____

SECTION – B

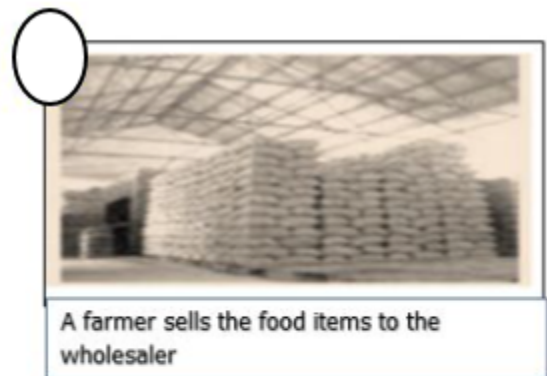
VI. Observe the given pictures and answer the questions that follow. (2 marks)

1a. Name the kitchen appliance in the picture alongside.



1b. Why do we keep the leftover food in it?

2. The journey of food that we eat is interesting. Food comes through various places in this journey. Sequence the pictures given below in the correct order of Journey of Food.



SECTION – C

VI. Answer the following questions.

(2 marks)

1. Why should we not wash fruits and vegetables after cutting them?

2. Why do we need to cook food? (any 2 points)
